Prenatal Chiropractic Care

I have been pediatric certified since 2009 and with that certification comes the knowledge and tools to treat not only the pediatric population (birth – young children) but also moms that are expecting. One thing I’ve learned at the clinic is that treating moms throughout pregnancy might be the most important part of it all! Yet, it’s probably the most easily missed part of mom-baby health during pregnancy and post birth. Keeping proper mechanics and alignment of the pelvis and spine for a rapidly changing body (mom) can promote a healthier and happier (key word!) pregnancy. In addition, if the pelvis and spine are in the proper alignment it makes sense that the birth process would be easier on both mom and baby (i.e. less labor time). These are things that I have seen with my patients over the years and are quite impactful. Prenatal chiropractic care is simple, easy, and very effective. \*For Holiday promotions follow us on FB\*